



KARNAC

New Titles for Autumn 2016





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Celebrating ten years

In July 2006, my friend and colleague Alex Massey and I completed a management buyout of Karnac Books, and this summer we celebrated the 10th anniversary of the takeover. Those ten years seem to have passed very quickly, but when I look back I realise that Karnac has changed considerably, both as a publisher and as a bookseller.

As a publisher, we have continued to grow and extend the range of titles we produce. In 2006 we had around 400 books in print, mainly in the areas of psychoanalysis and therapy. We now have well over 1,200 titles in a wide range of categories, from mental health to popular psychology and fiction, and publish over 100 new books each year.

Back then, eBooks were still the domain of computer nerds, read on tiny mobile phone screens; the first Kindle was not produced until the following year. In 2010 we digitised our entire list and now offer all our books on Kindle, Apple, PC, Mac and as PDFs through universities' electronic libraries.

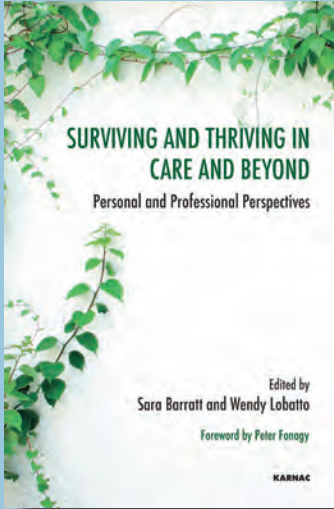
One of the achievements I am particularly proud of was the publication of the *Complete Works of W. R. Bion* in 2014. This particular project was first mooted in the 1990s and it was a great feeling to help guide it to completion nearly two decades later.

As a retailer, things have changed too. Although our small retail branch at the Tavistock Clinic in London closed a few years ago, our shop on Finchley Road is still going strong over 30 years since opening, and our website, mail order and conference departments all continue to keep Karnac at the forefront of our specialist areas.

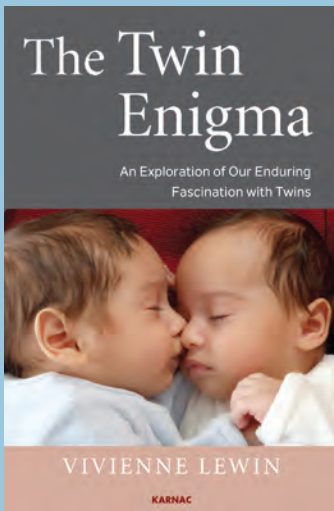
I would like to thank all my colleagues, and of course our authors, for helping make Karnac the success it is today, as well as all our customers for their business and support over the past ten years. We are now looking forward to the next ten!

Oliver Rathbone
Publisher and Managing Director





July 2016 | 336 pages | Demy
9781782203018 | £29.99 / \$48.95



Aug 2016 | 202 pages | Demy
9781782204770 | £25.99 / \$42.95

Surviving and Thriving in Care and Beyond

Personal and Professional Perspectives

Edited by **Sara Barratt** and **Wendy Lobatto**

The Systemic Thinking and Practice Series

This book seeks to highlight the possibilities and opportunities that can be offered and taken by people who were not able to grow up in their biological families. Combining a mixture of insider knowledge, realism, creativity and hope, it is essential reading for all working and living in this field.

Sara Barratt is a social worker and family therapist who teaches on the Masters in Systemic Psychotherapy and Systemic Supervision trainings at the Tavistock and Portman NHS Trust.

Wendy Lobatto is a social worker and family therapist. She currently runs an innovative psychological health screening and assessment service for looked after children.

The Twin Enigma

An Exploration of Our Enduring Fascination with Twins

By **Vivienne Lewin**

Vivienne Lewin offers a unique in-depth understanding of the twin relationship, and the way in which twin development is affected by our attitudes to twins and our enduring fascination with them. It explores our historical fascination with this subject and the origins of this excitement, how our perceptions of twins reflect our own longing for a perfect soul-mate, and the effect this personal projection has on the development in twins.

Vivienne Lewin is a psychoanalytic psychotherapist. She trained at the London Centre for Psychotherapy (now the British Psychotherapy Foundation) and was a Training Therapist and Supervisor. She is a Fellow of the British Psychotherapy Foundation.

Short-term Psychoanalytic Psychotherapy for Adolescents with Depression

A Treatment Manual

By **Simon Cregeen, Carol Hughes, Nick Midgley, Maria Rhode, and Margaret Rustin.**
Edited by **Jocelyn Catty.**

Short-term Psychoanalytic Psychotherapy (STPP) is a manualised, time-limited model of psychoanalytic psychotherapy comprising twenty-eight weekly sessions for the adolescent patient and seven sessions for parents or carers, designed so that it can be delivered within a public mental health system, such as Child and Adolescent Mental Health Services in the UK. This manual explicitly focuses on the treatment of moderate to severe depression, both by detailing the psychoanalytic understanding of depression in young people and through careful consideration of clinical work with this group.

Simon Cregeen is Head of Child and Adolescent Psychotherapy in Manchester and Salford CAMHS, and Central Manchester NHS Foundation Trust,

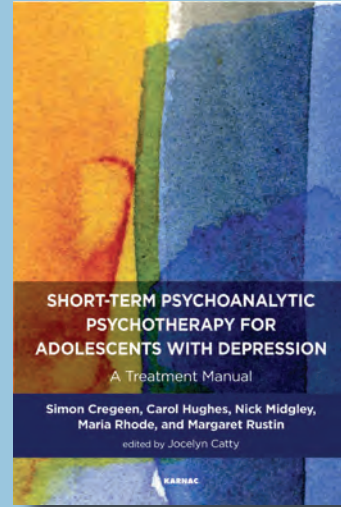
Carol Hughes now retired, had a long career as a Consultant Child and Adolescent Psychotherapist within the NHS and social care.

Nick Midgley is Academic Course Director of the doctorate in Child and Adolescent Psychotherapy at the British Psychotherapy Foundation/Anna Freud Centre and Lecturer in the Research Department of Clinical Educational and Health Psychology, UCL.

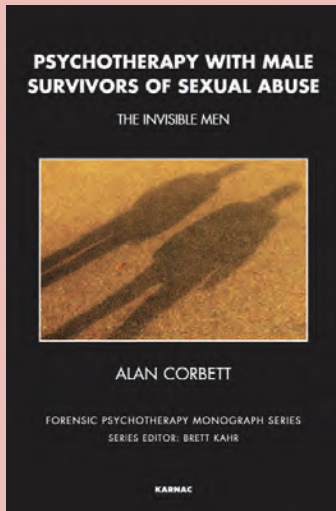
Maria Rhode is Emeritus Professor of Child Psychotherapy at the Tavistock Clinic and the University of East London.

Margaret Rustin is a child, adolescent, and adult psychotherapist and an Associate of the British Psychoanalytical Society.

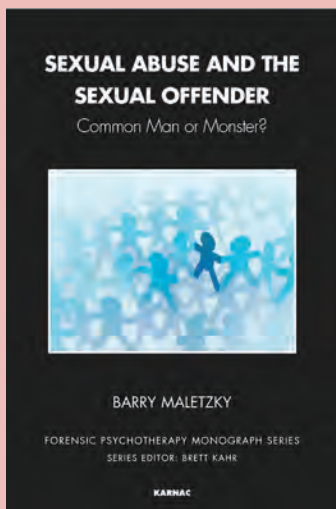
Jocelyn Catty is a child and adolescent psychotherapist working with adolescents in a child and adolescent mental health service in South London, and an adult psychotherapist in independent practice.



Oct 2016 | 288 pages | Demy
9781782203520 | £29.99 / \$48.95



Sept 2016 | 224 pages | Demy
9781782201960 | £24.99 / \$40.95



July 2016 | 254 pages | Demy
9781782203896 | £25.99 / \$42.95

Psychotherapy with Male Survivors of Sexual Abuse The Invisible Men

By **Alan Corbett**

The Forensic Psychotherapy Monograph Series

Based on the author's extensive clinical experience of working with children and adult victims of sexual crime, this book looks at the long history of male sexual abuse, positioning it not simply as a new phenomenon, but one that has a long undocumented history. Working with men who have been abused involves working with profound shame and secrecy. This book is a huge step forward in breaking the silence.

Alan Corbett is the editor of the Institute of Psychotherapy and Disability Monograph Series. He has been Clinical Director of Respond, ICAP, and the CARI Foundation, and is a member of the training committee of the Guild of Psychotherapists.

Sexual Abuse and the Sexual Offender

Common Man or Monster?

By **Barry Maletzky**

The Forensic Psychotherapy Monograph Series

Barry Maletzky examines the myths perpetuated by the media and widely held by the public, by providing actual data, with case examples, to demonstrate how sexual offending occurs, who commits these acts, what might cause such crimes, how sexual offenders are assessed, supervised and treated, and how to prevent such offending.

Barry Maletzky, MD, founded the Sexual Abuse Clinic to treat sexual offenders and their victims in Oregon in 1978. Since that time, the clinic has become one of the largest and most established such clinics in the world.



Consulting to Chaos

An Approach to Patient-Centred Reflective Practice

Edited by **John Gordon** and **Gabriel Kirtchuk**
with **Maggie McAlister** and **David Reiss**

The Forensic Psychotherapy Monograph Series

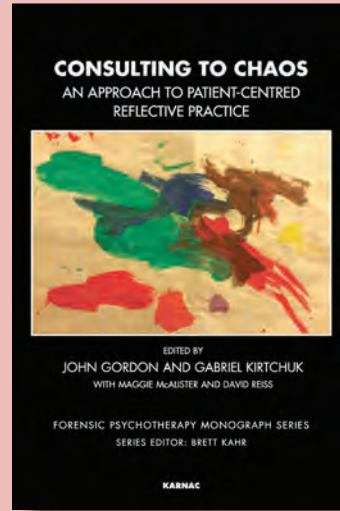
The aim of this book is to improve care and treatment planning by describing a structured approach to eliciting patients' core relationship patterns. These patterns consist of the roles and scenarios into which they repeatedly cast themselves and others with whom they interact. This book shows how to use vital information that is often not made available to treatment teams in order to understand such potential pitfalls rather than succumb to them.

John Gordon is a Full Member of the British Psychoanalytic Association and Senior Member of both the British Psychotherapy Foundation and the Institute of Group Analysis. He is Senior Lecturer at Buckinghamshire New University.

Gabriel Kirtchuk is a consultant psychiatrist in psychotherapy (forensic) and a fellow of the British Psychoanalytical Society. He is the head of the Forensic Psychotherapy Department at West London Mental Health NHS Trust.

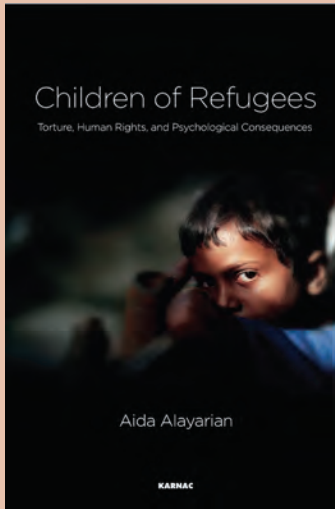
Maggie McAlister is a member of the Society of Analytical Psychology and works as a principle adult psychotherapist in a forensic psychotherapy department in a medium secure unit in the NHS.

David Reiss is a consultant forensic psychiatrist for West London Mental Health NHS Trust and Honorary Clinical Senior Lecturer at Imperial College London.

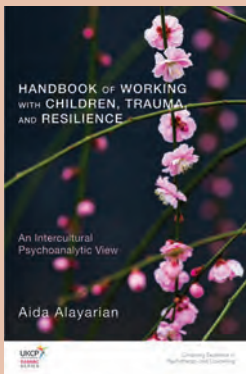


Nov 2016 | 256 pages | Demy
9781782201267 | £26.99 / \$44.95

FORENSIC



Nov 2016 | 176 pages | Demy
9781782202981 | £19.99 / \$32.95



Children of Refugees

Torture, Human Rights, and Psychological Consequences

By **Aida Alayarian**

Many children of refugees may struggle with questions of race, ethnicity, language barriers, and other socio-political and economic issues that can influence their mental health and psychological wellbeing. Preoccupations of the child's emotions with those issues therefore have effects on child personality formations.

The various services that seek to help refugees often overlook these factors, and focus on the physical at the expense of the psychological.

Aida Alayarian sets out the importance of understanding these elements in providing effective therapeutic care for refugees and their families.

Aida Alayarian is a consultant clinical psychologist, child psychotherapist since 1986, and adult psychoanalytic psychotherapist since 1998. She has a Masters in Medical Anthropology and Intercultural Psychotherapy, with a background in Medicine. She is the founder and currently Clinical Director of the Refugee Therapy Centre.

Also by Aida Alayarian

Handbook of Working with Children, Trauma, and Resilience

An Intercultural Psychoanalytic View

by **Aida Alayarian**

June 2015 | 222 pages | Demy
9781782201939 | £24.99 / \$40.95



The Wisdom of Lived Experience

Views from Psychoanalysis, Neuroscience, Philosophy and Metaphysics

By **Maxine K. Anderson**

In our quest toward truth we often rely on the guidance and clarity of conscious thought, but in doing so we may bypass awareness of a more deeply informing resource, which is embodied in lived experience. This book highlights aspects of this deeper dialogue where neuroscience (McGilchrist's work on right- and left-brain dynamics) and psychoanalysis (Freud, Klein, Winnicott, Bion, and others) verify the Hegelian dialectics that seem to underlie all living processes and perhaps all of Nature.

Maxine K. Anderson is a training and supervising analyst for several psychoanalytic institutes in North America; a fellow of the International Psychoanalytical Association; and a fellow of the British Institute of Psychoanalysis.

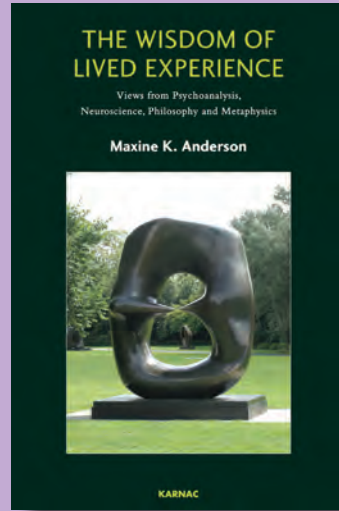
Also available

The Psychomatrix

A Deeper Understanding of Our Relationship with Pain

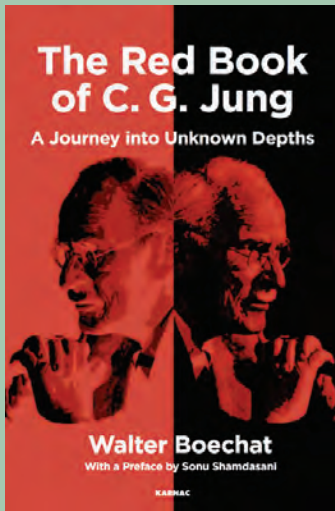
by **Doreen M. Francis**

Oct 2015 | 232 pages | Demy
9781782203186 | £26.99 / \$43.95

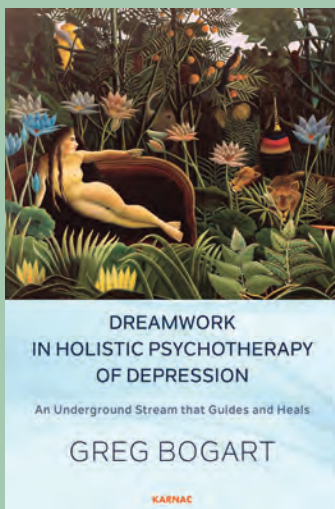


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9781782204510 | £19.99 / \$32.95



Oct 2016 | 224 pages | Demy
9781782201601 | £25.99 / \$42.95

The Red Book of C.G. Jung

A Journey into Unknown Depths

By **Walter Boechat**

Jung's *Red Book* has an enormous complexity of meaning deriving from Jung's intimate experiences, which are still being discussed and elaborated on by the Jungian community all over the world. This volume focuses on some of its main aspects and its importance for the understanding of the work of Jung.

Walter Boechat trained at the C. G. Jung Institute in Zurich, and is a former member of the Executive Committee of the International Association for Analytical Psychology. He is also a founding member of the Jungian Association of Brazil (AJB-IAAP), where he gives supervision, lectures, and coordinates training.

Dreamwork in Holistic Psychotherapy of Depression

An Underground Stream that Guides and Heals

By **Greg Bogart**

This book describes how dreamwork can help alleviate depression, in psychotherapy and in self-treatment. The author shows how dreams shed light on issues contributing to depression – including drug and alcohol abuse, divorce, death and bereavement, conflicts about sex, health and body image, parenting, workplace stress and burnout, and ancestral, intergenerational trauma.

Greg Bogart is a psychotherapist in private practice and lecturer in the department of Psychology at Sonoma State University in northern California. He also teaches in the counseling psychology programme at the California Institute of Integral Studies (CIIS).



White Bird, Black Serpent, Red Book

Exploring the Gnostic Roots of Jungian Psychology through Dreamwork

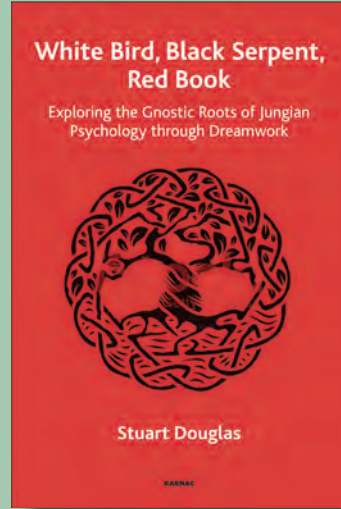
By **Stuart Douglas**

This book examines the influence of Gnostic philosophy on Jungian psychology as indicated by Jung's essay, 'The Transcendent Function' and his Gnostic-inspired treatise, *The Seven Sermons to the Dead*, both written in 1916.

Relevant and timely, the hypothesis of this work is that the *Seven Sermons* is the mythopoetic, metaphysical twin of 'The Transcendent Function' and that these texts can be considered as two sides of the same coin. The *Seven Sermons* formed a prelude to everything Jung was to communicate about the unconscious – in other words, an embryonic form of the principal tenets of analytical psychology can be found in a Gnostic-inspired text.

As Gnostic philosophy was the inspiration for both texts, this book also highlights correspondences between both of Jung's works and the Gnostic texts of the Nag Hammadi Library, paying particular attention to the theme of the opposites – arguably the crucial theme at the very heart of Jung's psychology. Accompanying an analysis of these texts is an experiential investigation of the influence the topic had on the occurrence of the transcendent function in the author's dreams, the intention of which is to provide a richer description of the experience of the transcendent function and to facilitate a deeper understanding of the topic.

Stuart Douglas has had a life-long interest in the mysterious and the unknown and completed his PhD in transpersonal psychology after an earlier career as a systems analyst. His specialist areas of interest include the intersection of Jungian psychology and Gnosticism and, more generally, ancient wisdom and contemplative traditions.



Oct 2016 | 256 pages | Demy
9781782204282 | £26.99 / \$44.95

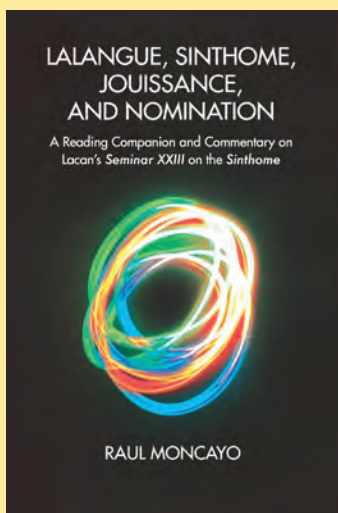
ANALYTICAL PSYCHOLOGY

11





July 2016 | 240 pages | Demy
9781782203384 | £26.99 / \$43.99



Oct 2016 | 160 pages | Demy
9781782204244 | £14.99 / \$24.95

Sex and Nothing

Bridges from Psychoanalysis to Philosophy

Edited by **Alejandro Cerda-Rueda**

Regardless of the various studies applied to defining sex as inscribed by discursive acts, there is something more to sex than just a social construction or an aprioristic substance. This book embarks upon a dialogue bridging psychoanalysis and philosophy, linking sex and thought, where what emerges is a greater awareness of the irreducibility of sex to the discourse of knowledge and meaning.

Alejandro Cerda-Rueda is a practising psychoanalyst in Mexico City. He is Professor at Universidad Iberoamericana, Mexico, and senior editor for Paradiso Editores.

With contributions by Joan Copjec, Mladen Dolar, Sigi Jöttkandt, Cristina Soto van der Plas, Jelica Šumič, Samo Tomšič, Gabriel Tupinambá, Daniel Tutt, Slavoj Žižek, and Alenka Zupančič.

Lalangue, Sinthome, Jouissance, and Nomination

A Reading Companion and Commentary on Lacan's Seminar XXIII on the Sinthome

By **Raul Moncayo**

This reading companion and commentary provides detailed analyses of Lacan's seminar while maintaining an overall continuity and consistency. It selects key themes of Lacanian theory that are found present throughout his work. In addition, the book does not try to simplify Lacan's ambiguous style, leaving the text open to different interpretations, while providing theory, commentary, and lines of analysis into some of Lacan's important insights.

Raul Moncayo is supervising analyst, founding member, and faculty of the San Francisco Bay Area Lacanian School of Psychoanalysis (LSP). He has a private practice of psychoanalysis, psychotherapy, supervision, and consultation.



The Mentalization Guidebook

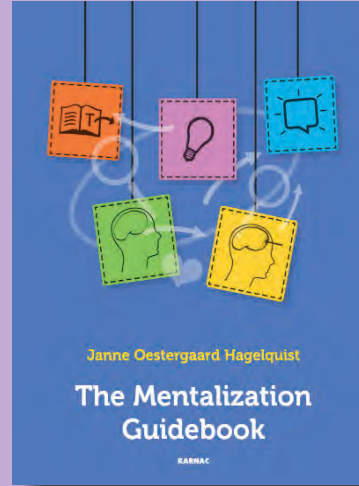
By **Janne Østergaard Hagelquist**

The Mentalization Guidebook is a tool for professionals working with traumatised and neglected children and young people, who want to use mentalization in their work. The best concepts, psycho-education, and tools of mentalization and trauma psychology are shown clearly through models and tools, alongside excellent tips and tricks for use in the daily practice of working with mentalizing.

This informative and invaluable guide is not only for therapists working with children but for all therapists, and also caters for parents, teachers, managers, and all those who meet emotional reactions in others they have difficulty understanding.

It is presented as a beautiful hardback with full colour throughout and should be found on the shelves and desks of all who wish to deepen their understanding of others' actions and behaviour.

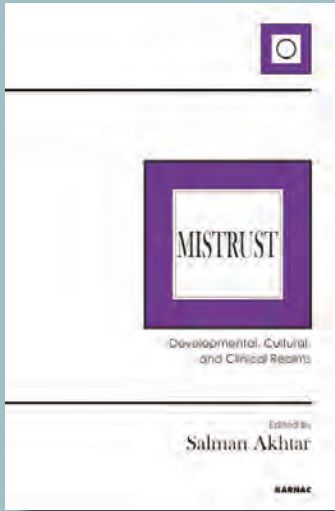
Janne Østergaard Hagelquist is a psychologist and accredited specialist in child psychology and supervision, and the founder of the Danish Center for Mentalization. Most of her work has dealt with the treatment, supervision, and education of neglected and traumatised children, adolescents, and adults. She works to disseminate psychological knowledge in a way that is easily understandable and useful.



Sept 2016 | 272 pages | Crown Quarto
9781782204176 | £35.00 / \$57.00

MENTALIZATION





Sept 2016 | 256 pages | Demy
9781782204886 | £26.99 / \$44.95



Mistrust

Developmental, Cultural, and Clinical Realms

Edited by **Salman Akhtar**

Given its formative significance and its crucial role in the therapeutic process, one is surprised by the paucity of psychoanalytic writings specifically devoted to the topic of trust and mistrust. This book seeks to fill this gap. A collection of essays written specifically for this volume, it deals with the ontogenesis, psychopathology, cultural vicissitudes, and technical implications of trust and mistrust. Distinguished psychiatrists, psychoanalysts, and litterateurs provide penetrating insights on normative, relativistic, and morbid phenomena in this realm. Seamless blending of theory and technique makes the book both scientific and useful. The reader is assured an informative map of a psychic terrain that is fundamental to human existence.

Salman Akhtar is professor of psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia.

Also by **Salman Akhtar**

Shame

Developmental, Cultural, and Clinical Realms

Edited by **Salman Akhtar**

Dec 2015 | 250 pages | Demy
9781782202547 | £25.99 / \$42.95



Unrepressed Unconscious, Implicit Memory, and Clinical Work

Edited by **Giuseppe Craparo** and **Clara Mucci**

This book analyses the psychological and neurobiological characteristics of what nowadays goes under the name of 'unrepressed unconscious', as opposed to Freud's earlier version of a kind of 'repressed unconscious' encountered and described initially in his work with hysterical patients.

Giuseppe Craparo is a psychoanalytically oriented psychotherapist. He is Assistant Professor of Psychology at the Kore University of Enna.

Clara Mucci is a psychoanalytically oriented psychotherapist and Full Professor of Clinical Psychology, University of Chieti.

Of Things Invisible to Mortal Sight

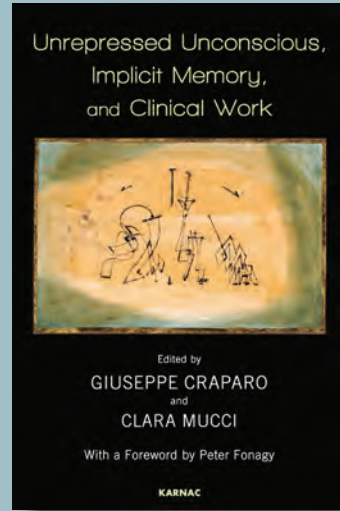
Celebrating the Work of **James S. Grotstein**

Edited by **Annie Reiner**

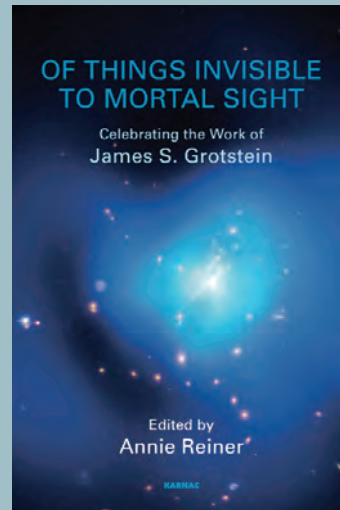
James S. Grotstein (1925–2015) was the foremost Bion scholar, and one of the most noted and honoured psychoanalysts. He was among the first to examine Bion's most controversial concept – O – in particular the mystical aspects of O. The title of this book was inspired by a line from Milton's *Paradise Lost* and reflects Grotstein's decades-long examination of the most profound aspects of the human mind.

Annie Reiner is a senior faculty member and training analyst at the Psychoanalytic Center of California.

With contributions by Joseph Aguayo, Lawrence J. Brown, Michael Eigen, Ofra Eshel, Antonino Ferro, Celia Fix Korbivcher, James S. Grotstein, Albert Mason, Thomas Ogden, Avedis Panajian, Michael Ian Paul, Lia Pistiner de Cortiñas, Annie Reiner, Carole Tarantelli, and Rudi Vermote.



Sept 2016 | 208 pages | Demy
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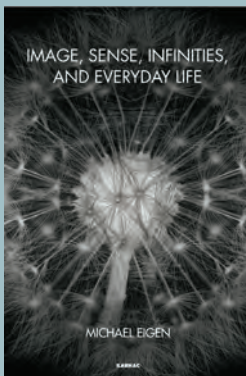


Sept 2016 | 312 pages | Demy
9781782202899 | £29.99 / \$48.95





Aug 2016 | 128 pages | B format
9781782204398 | £14.99 / \$24.95



Under the Totem In Search of a Path

By **Michael Eigen**

Totem conveys spirit, a sense of the sacred. Freud attempted to get under the totem and explore psychic forces and pressures below the surface. Jung opened further depths in exploration of the sacred. Engagement with a sense of mystery that permeates existence lives in many quarters, including art, music, religion and depth psychologies.

This book is an extended reverie, reflection, confession and encounter with psychic reality, a profound intertwining of multiple dimensions of existence.

The writing grows from love of the psyche, its difficulties and gifts, what we sense as well as the vastness beyond sensing, a love affair ongoing for nearly sixty years of work and acts of shared faith.

Michael Eigen is a psychologist and psychoanalyst. He is Associate Clinical Professor of Psychology in the Postdoctoral Program in Psychotherapy and Psychoanalysis at New York University, and a Senior Member of the National Psychological Association for Psychoanalysis.

Also by Michael Eigen

Image, Sense, Infinities, and Everyday Life

By **Michael Eigen**

Oct 2015 | 192 pages | Demy
9781782203728 | £24.99 / \$40.95



Psychoanalysis, Identity, and the Internet

Explorations into Cyberspace

Edited by **Andrea Marzi**

The Library of Technology and
Mental Health

This timely volume explores the consequences of virtual reality in the analytical field and the peculiar characteristics of the encounter with the particular state of mind of internet-addicted patients; it also shows in detail the path of the therapy, psychotherapeutic or analytic, and the path of the analyst with the net-surfer; a castaway in the realm of virtual reality.

Considering all the points of view expressed in the book, cyberspace appears, on the one hand, as a mirror that traps vulnerable people in a pseudo-reality, while on the other hand it appears as a particular dimension which sets creative phantasy free. In either case, this dimension challenges us every day, while spreading out, alluring us, eluding us.

Andrea Marzi is a psychiatrist and a full member of the Italian Psychoanalytical Association and the International Psychoanalytical Association, holding in these fields several national and international functions in groups and committees.

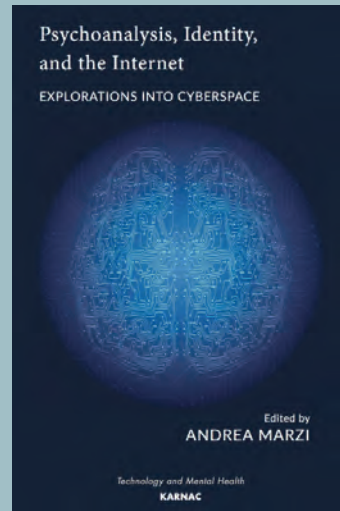
Also in this series

Psychoanalysis Online 2

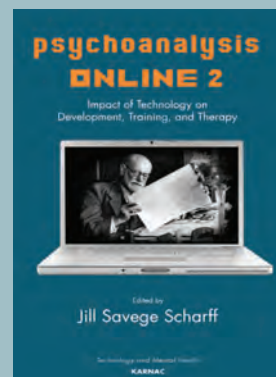
Impact of Technology on Development, Training,
and Therapy

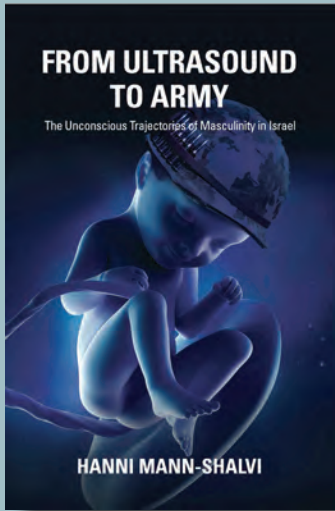
Edited by **Jill Savege Scharff**

July 2015 | 288 pages | Crown Quarto
9781782203216 | £34.99 / \$56.95



Sept 2016 | 268 pages | Demy
9781782204312 | £27.99 / \$45.95





July 2016 | 304 pages | Demy
9781782200819 | £28.99 / \$47.95



Sept 2016 | 280 pages | Demy
9781782204664 | £28.99 / \$47.95

From Ultrasound to Army The Unconscious Trajectories of Masculinity in Israel

By **Hanni Mann-Shalvi**

This study focuses on the conscious and unconscious aspects of the Israeli parenting experience when raising sons is overshadowed by the knowledge that at 18 these sons will be drafted into inherently life-endangering compulsory military service.

Hanni Mann-Shalvi offers an in-depth observation of the individual-social psychic fabric which holds significant implications for social life and male–female relationships in Israel and consequently impacts relationships at all levels.

Hanni Mann-Shalvi is Vice President of the International Association of Couple and Family Psychoanalysis, and the founder and director of the psychoanalytic couple and family centre in Israel.

Meltzer in Venice

Seminars with the Racker Group of Venice

Edited by **Maria Elena Petrilli, Mauro Rossetti, and Hugo Marquez**

This book focuses on adolescence and adolescent states of mind. It is one of a series that record Donald Meltzer's clinical seminars and supervisions, which were conducted in various countries on a regular basis over many years.

Maria Elena Petrilli is a clinical psychologist who lives and works in Venice as a psychotherapist and consultant for Public Health Services.

Mauro Rossetti did clinical training at Scuola Pichon, Buenos Aires, and is now a psychotherapist in Venice.

Hugo Márquez is a psychologist and psychoanalytic psychotherapist.



The Future of Psychoanalysis

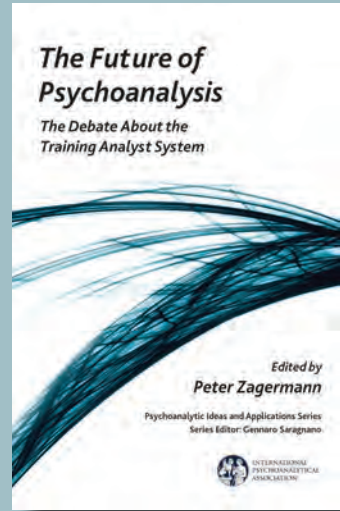
The Debate About the Training Analyst System

Edited by **Peter Zagermann**

IPA Psychoanalytic Ideas and Applications Series

This book is concerned with the question of what psychoanalytic training should look like today. Should we go on with the system that has developed over time? Or should we abandon it, and if so, for which reasons? It provides a detailed and compelling account of the ongoing, sometimes heated, international debate about psychoanalytic training.

Peter Zagermann is a psychoanalyst for children, adolescents, and adults in private practice in Munich.



Nov 2016 | 384 pages | Demy
9781782203810 | £32.99 / \$53.95

PSYCHOANALYSIS

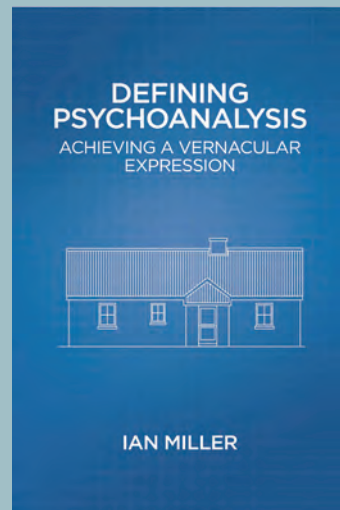
Defining Psychoanalysis

Achieving a Vernacular Expression

By **Ian Miller**

The empirical baseline of today's psychoanalytic vernacular may be inferred from what psychoanalysts read. Contemporary information aggregation provides us with a unique moment in 'reading' today's psychoanalytic vernacular. The PEP Archive compiles data on journal articles analogous to radio stations' 'hit parades' of contemporary favourites. This book provides a close reading of this contemporary assemblage. It pursues the elements generated by these papers as an indication of contemporary psychoanalytic 'common sense', our consensual building blocks of theory and practice.

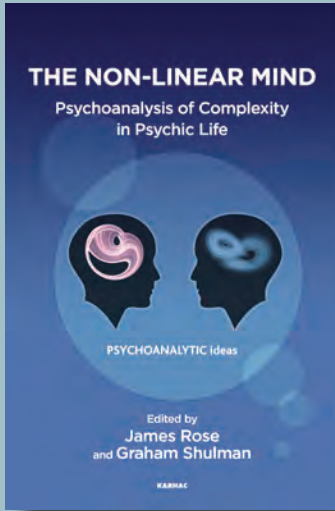
Ian Miller is a psychologist and psychoanalyst practicing in Dublin. He is the author of *Beckett and Bion: The (Im)patient Voice in Psychotherapy and Literature* (with Kay Souter) and *On Minding and Being Minded: Experiencing Bion and Beckett*.



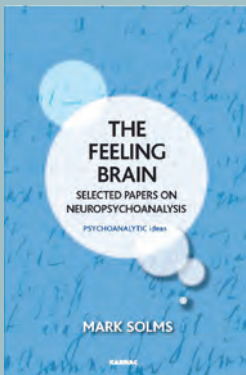
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19





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The Non-Linear Mind

Psychoanalysis of Complexity in Psychic Life

Edited by **James Rose** and
Graham Shulman

The Psychoanalytic Ideas Series

This book is concerned with whether we can develop our understanding of the mind through the application of new approaches to the study of complex systems. It is divided into two sections. The first is concerned with the application of non-linear systems theory to the psychoanalytic study of the mind. The second is concerned with the technical application of the ideas of chaos theory to the understanding of therapeutic action and psychic change. It concludes with a consideration of the research and clinical implications of considering the mind as a non-linear system.

James Rose is a fellow of the Institute of Psychoanalysis and a member of the British Psychoanalytical Society.

Graham Shulman works for NHS Lanarkshire as a Consultant Child and Adolescent Psychotherapist.

Also in this series

The Feeling Brain

Selected Papers on Neuropsychanalysis

By **Mark Solms**

June 2015 | 240 pages | Demy
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The Seed of Madness

Constitution, Environment, and Fantasy in the Organization of the Psychotic Core

Edited by **Vamik D. Volkan** and **Salman Akhtar**

REISSUE

Contributors to this book explore hereditary and constitutional factors, environmental influences, and unconscious fantasies in the development of the psychotic core, and provide guidance for psychoanalysts and psychotherapists to hear and therapeutically respond to these patients' uncanny ways of describing their internal worlds.

Vamik D. Volkan is Emeritus Professor of Psychiatry at the University of Virginia.

Salman Akhtar is professor of psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia.

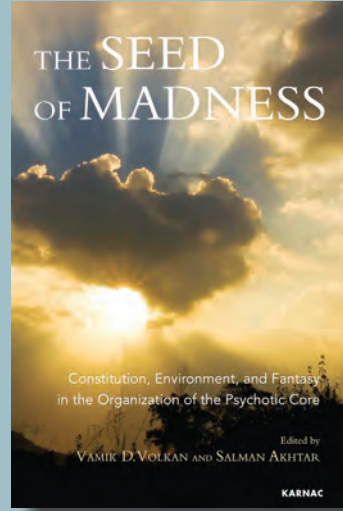
On Loving, Hating, and Living Well

The Public Psychoanalytic Lectures of Ralph R. Greenson

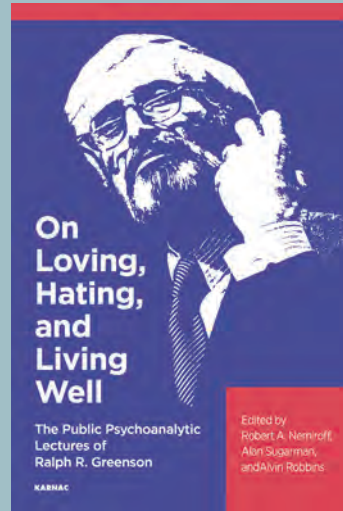
By **Ralph R. Greenson** and edited by **Robert A. Nemiroff**, **Alan Sugarman**, and **Alvin Robbins**

REISSUE

Ralph R. Greenson, MD, was perhaps psychoanalysis's most gifted and eloquent spokesperson. In this volume Dr Greenson is presented in one of the roles he enjoyed most: communicating to a lay audience his understanding of people and life and his insights into the science and art of psychoanalysis. These important talks profoundly influenced countless professional workers and lay people.

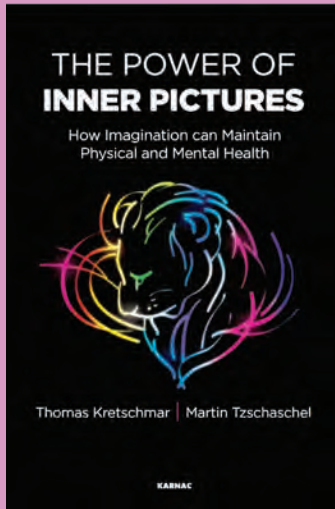


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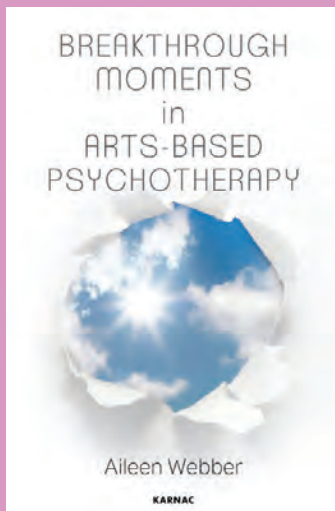


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Dec 2016 | 272 pages | Demy
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The Power of Inner Pictures

How Imagination Can Maintain Physical and Mental Health

By **Thomas Kretschmar** and
Martin Tzschaschel

This book describes how inner pictures influence us in everyday life, in memories, and in dreams during the day and night, using examples from sports, business and other fields. The authors examine how inner pictures and the imagination can be used for therapy.

Thomas Kretschmar is the managing director of Mind Institute SE Berlin, where he uses inner pictures and the imagination to treat patients and coaching clients.

Martin Tzschaschel is a journalist and has been the editor of *PM*, a popular German scientific journal, since 1981.

Breakthrough Moments in Arts-Based Psychotherapy

By **Aileen Webber**

In psychotherapy clients sometimes experience breakthrough moments – profound moments in which their world and how they view themselves is changed for ever. Aileen Webber shares her personal journey to discover what might be happening at these pivotal moments. Filled with examples from her own practice, the book dips into the worlds of chaos and complexity theory, neuroscience, quantum physics, and theories of change, in order to show how the use of arts-media in psychotherapy – visual images and drawing, drama and music, sand-tray and enactment – can encourage the arrival of these dramatic breakthrough moments.

Aileen Webber is a Gestalt and Integrative Arts Psychotherapist who works with children and adults as a therapist and supervisor. She has a private arts-based psychotherapy practice in Cambridge.



Teaching the World to Sleep

Psychological and Behavioural Assessment and Treatment Strategies for People with Sleeping Problems and Insomnia

By **David R. Lee**

The aim of this book is to empower healthcare professionals with up-to-date knowledge on the assessment, treatment, and management of sleep problems, and to assist them with their clients who do not sleep well. The book is also written for the interested insomniac, to help them with their own sleep, or the sleep of their loved ones.

David R. Lee is a bio-psychologist who has been researching, publishing, teaching and treating all aspects related to sleep for sixteen years.

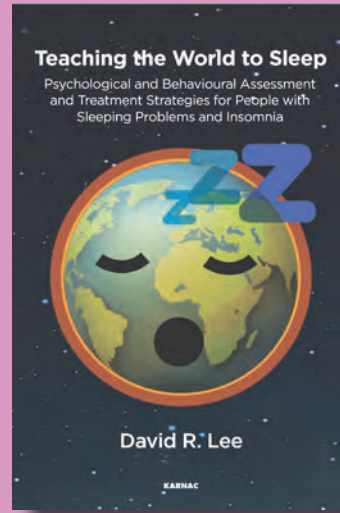
Better Late than Never

The Reparative Therapeutic Relationship in Regression to Dependence

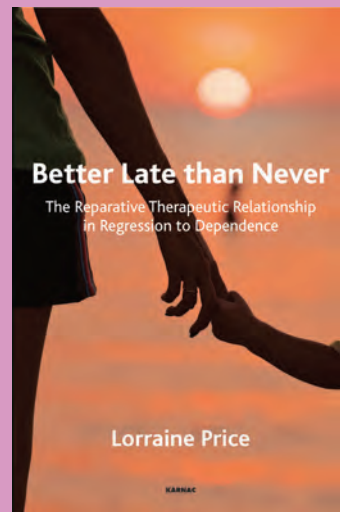
By **Lorraine Price**

This book is concerned with an enigmatic set of experiences which theorists in the Object Relations tradition have characterised as regression to dependence, a return to a primitive, pre-verbal relational process presenting in some clients in psychotherapy. It highlights the effects of early infantile trauma resulting in the experience of failed dependency. Clients who present with chronic anxiety, relational failures and an inner emptiness are considered, and the opportunity for a therapeutic repair is explored.

Lorraine Price is Programme Leader of the MSc in Integrative Psychotherapy programme at the Sherwood Psychotherapy Training Institute, Nottingham.

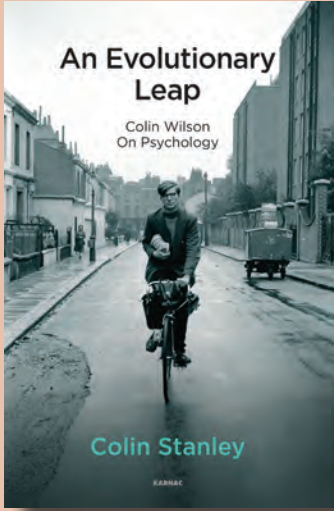


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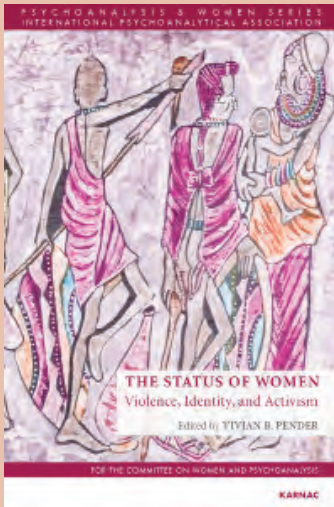


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An Evolutionary Leap

Colin Wilson on Psychology

By Colin Stanley

Colin Stanley provides an illuminating essay on each of Colin Wilson's nine major books on psychology. Also included is Wilson's 'Notes on Psychology' to the psychiatrist George Pransky and 'Remembering the Outsider', Stanley's Colin Wilson obituary.

Colin Wilson (1931–2013) was a writer and existential philosopher. His best-known work was *The Outsider*, published in 1956. He also wrote about crime, psychology, sex, the occult, literature, music, unexplained phenomena, history, pre-history, and over twenty novels in various genres.

Colin Stanley is the Managing Editor of Paupers' Press and editor of *Colin Wilson Studies*.

The Status of Women

Violence, Identity, and Activism

Edited by **Vivian B. Pender**

Psychoanalysis and Women Series

This book considers the political, economic, biological, cultural, academic, and psychological challenges that confront women worldwide. The contributors examine how women are symbolized in society today. They offer perspectives on why the status of women and girls has not changed in some areas of the world while in others there has been discrete and noteworthy progress, sometimes followed by reactionary backlash. The book emphasizes how and why women's status has evolved, stalled or regressed to its present place.

Vivian B. Pender, MD, is a Clinical Associate Professor of Psychiatry at the Weill Cornell Medical College and a Training Psychoanalyst at Columbia University.



Portraits of the Insane

Théodore Géricault and the Subject of Psychotherapy

By **Robert Snell**

In the gloomy aftermath of the 1789 Revolution and the Napoleonic wars, the French painter Théodore Géricault (1791–1824) made a series of portraits of patients in an asylum. The paintings are unprecedented: they show people designated as insane as ordinary, unique individuals. Made during a period of massive social, cultural, and economic transformation, they register a critical moment in the history of subjectivity, and connect us to some living roots of psychoanalysis. They challenge us profoundly, in our own conflicted era, to find responses in ourselves to the stranger in our midst.

Robert Snell is an analytic psychotherapist and art historian, a member of the British Psychotherapy Foundation, and an Honorary Senior Research Fellow in the Centre for Therapeutic Education at Roehampton University.

Corresponding Lives

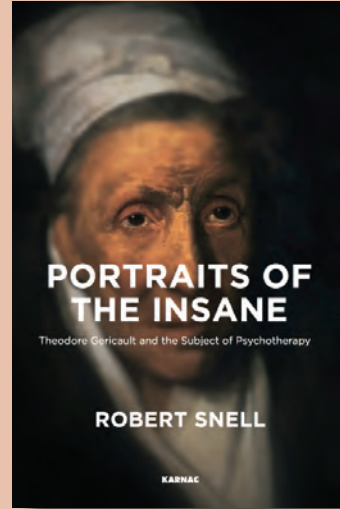
Mabel Dodge Luhan, A. A. Brill, and the Psychoanalytic Adventure in America

By **Patricia R. Everett**

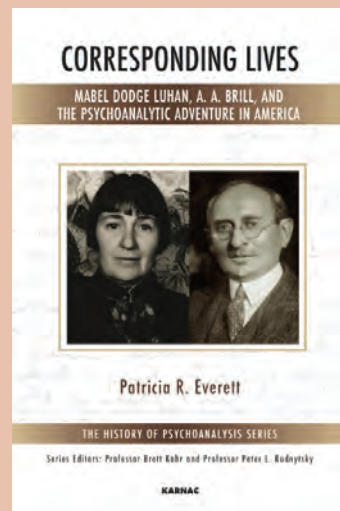
The History of Psychoanalysis Series

An influential New York salon host and perpetual seeker of meaning, Mabel Dodge Luhan entered psychoanalysis in 1916 with A.A. Brill, the first American psychoanalyst. They corresponded until 1944. This book presents a narrative organised around these letters. It is the story of one woman's sustained connection to her psychoanalyst through letters and a revelation of the vital role an analyst can play years after formal treatment.

Patricia R. Everett is a psychologist in private practice in Amherst, Massachusetts, and the author of *A History Of Having A Great Many Times Not Continued To Be Friends: The Correspondence Between Mabel Dodge and Gertrude Stein, 1911–1934*.

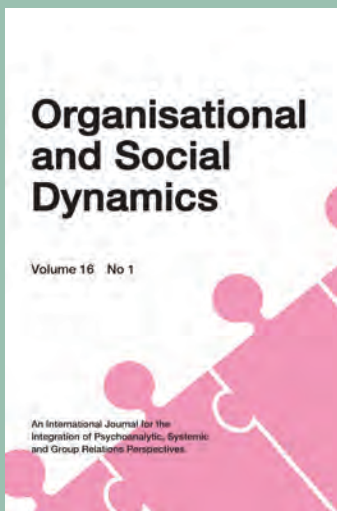
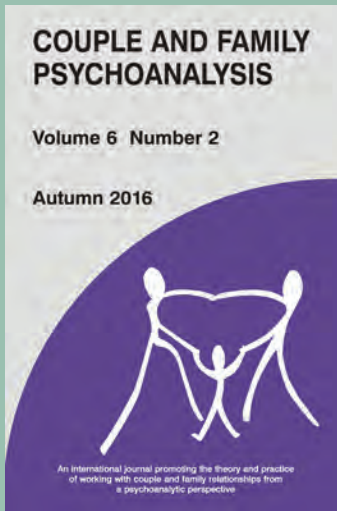


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Couple and Family Psychoanalysis Journal

Couple and Family Psychoanalysis is an international journal sponsored by Tavistock Relationships. It aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective while seeking to provide a forum for disseminating current ideas and research, and for developing clinical practice.

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This subscription is for one year and covers two issues per annum.

Organisational and Social Dynamics Journal

An international journal for the Integration of Psychoanalytic, Systemic and Group Relations Perspectives. It is sponsored by OPUS (an Organisation for Promoting Understanding of Society). The aim is to contribute to the development of a deeper understanding of organisational and social processes and their effect on the individual. It provides an innovative forum in which writers from psychoanalytic and systemic perspectives can address emerging issues in societies and their institutions. Papers range from case studies, features, and reviews of contemporary social and political events to personal polemics or reflections.

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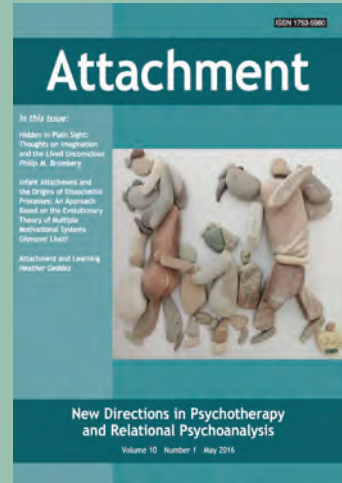
Attachment Journal

New Directions in Psychotherapy and Relational Psychoanalysis

A cutting-edge journal for clinicians working relationally with their clients. A professional rather than academic journal with a broad international reach that features cultural articles, politics, reviews, and poetry relevant to attachment and relational issues. It also includes up-to-date briefings on the latest developments in neuroscience relevant to psychotherapy and counselling. We welcome contributions from clinicians of all orientations and from all countries and cultures who seek to illuminate attachment approaches to clinical work.

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The Journal of Psychological Therapies in Primary Care

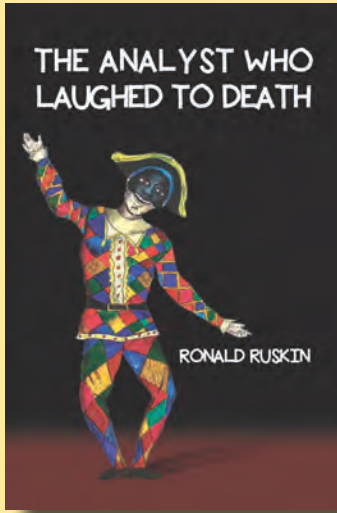
This journal aims to disseminate articles and new developments in the following broad areas:

1. Counselling/psychotherapy and other models of clinical work, e.g. art therapy.
2. Evaluation and outcome studies.
3. Politics, policy, and debate.
4. Commissioning and purchasing developments.
5. Collaboration between general practice and all forms of psychotherapy work in primary care.
6. Student (trainee counsellors, psychological therapists, and general practice registrars) experiences.

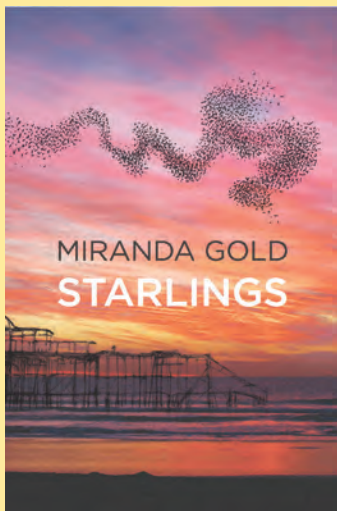
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The Analyst Who Laughed to Death

By **Ronald Ruskin**

Karnac Library

Charting the last days of Dr Reuben Moses, a therapist for suicidal, psychopathic, and depressed patients.

Written as a tragicomic case-history, this novel, like Freud's *Wolf-Man*, addresses the complexity of trauma, memory, and childhood love of a powerful woman. Set in present-day Toronto, Dr Moses represents a vanishing breed, a medical psychoanalyst exploring the meaning of patients' suffering set against the current landscape of brief psychotherapy and overuse of drugs.

Ronald Ruskin is a psychiatrist at Mount Sinai Hospital, associate professor and training and supervising analyst at Toronto Institute of Psychoanalysis.

Starlings

By **Miranda Gold**

Karnac Library

Starlings reaches back through three generations of inherited trauma, exploring how the impact of untold stories ricochets down the years.

As Sally winds her way back to catch the moment when her brother slipped away, she collects the fractured words and sliding memories that might piece together her grandparents' Holocaust experiences. Having always looked through the eyes of ghosts she cannot appease, she at last comes to hear what speechless mouths might have said: perhaps Before may be somewhere we can never truly leave behind and After simply the place we must try to make our home.

Miranda Gold is a playwright and debut novelist currently based in London.



Blood and Ink

By **Salman Akhtar**

Karnac Library

A shimmering blend of good-hearted joy and mesmerizing surrealism, the poems in this collection reflect a deeply and authentically lived life. At one moment the author speaks of flying dogs, four-year-old grandmothers, Mexico, Hindu gods, and Carmelite nuns. At another, he invokes Persian mysticism, the nights of London and Amsterdam, Nazim Hikmat, trees that want to be near a river, the rising mound of caramel under a silk blouse, and his own death exploding in a thousand fragments of toothless remorse. This is heady stuff, suffused with abandon and pure delight.

Salman Akhtar comes from a family of renowned poets and writers in India. He is Professor of Psychiatry at Jefferson Medical College in Philadelphia and a Supervising and Training Analyst at the Psychoanalytic Center of Philadelphia.

The Other Side of Silence

A Novel

By **Pauline Schokman**

Karnac Library

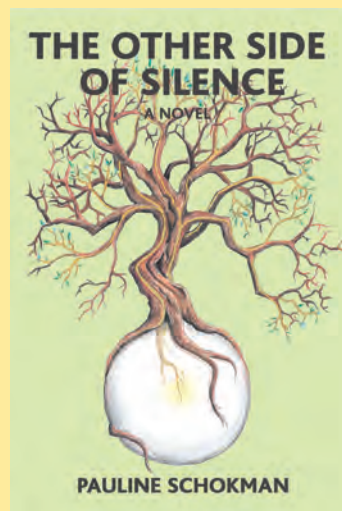
A gripping, emotionally charged drama unfolding over a tumultuous week for Anna Mason, a Melbourne doctor: her newborn nephew's life hangs in the balance, her parents meet after years of rage and silence, and Anna's own heartbreak can no longer be denied.

Moving, complex, but ultimately life-affirming, this book explores what happens when families are silent for generations about painful emotional truths and how lives can change when the truth is finally spoken.

Pauline Schokman was born in Sri Lanka. She is a general medical practitioner and psychoanalytic psychotherapist who lives and practises in Melbourne.



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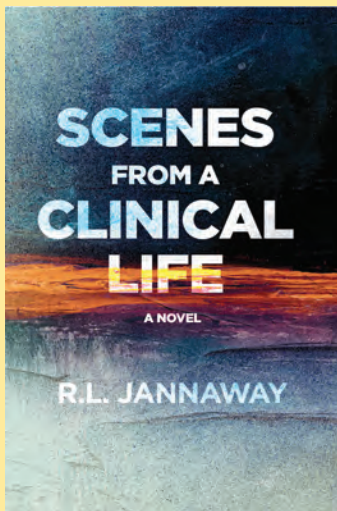
FICTION, POETRY, AND MEMOIR

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A Different Path

An Emotional Autobiography

By **Neville Symington**

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Neville Symington has written a dozen books about psychoanalysis but this is something very different. It starts with his birth and gives a sketch of his mother and father and his upbringing in Portugal. He describes his career in the Church in the East End of London and the turbulent period of change that led him to take leave of this first career; seek psychoanalysis and finally to become a psychoanalyst himself.

This is an engaging book that charts the emotional storms that beset the life's journey of a well-known psychoanalyst.

Neville Symington trained in London at the Institute of the British Psychoanalytical Society and today lives and practises in Sydney, Australia.

Scenes from a Clinical Life

A Novel

By **R. L. Jannaway**

Karnac Library

How does psychotherapy work? What is the role of a therapist? And what do therapists do when their wish for professional advancement is blocked?

This groundbreaking novel looks at these questions in a frank and engaging way, following the progress of David Treuherz, a clinician, as he attempts to juggle his working life with the turbulence of his personal life. In this vivid picture of a therapist at work, the intimacy of the clinical encounter is movingly delineated. Central to the story is David's struggle to secure further training, and his own experience as a patient, as well as a therapist.

R. L. Jannaway is a writer and psychotherapist.



Galba's Men

The Four Emperors Series: Book II

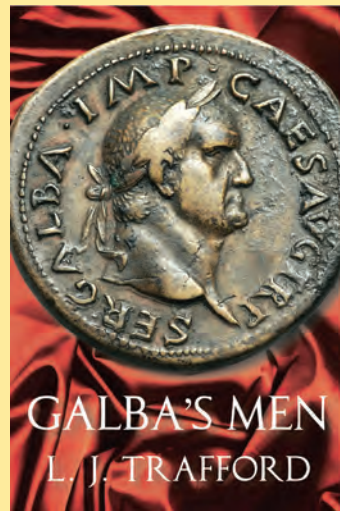
By **L. J. Trafford**

Karnac Library

AD 68. After the excesses of Nero comes a new era of austerity. But the old rivalries and intrigues remain. Chief among the plotters is happy-go-lucky Otho, determined to become childless Emperor Galba's heir. With prime manipulator Epaphroditus by his side, he's onto a winner. But these are paranoid times and Otho's harmless scheming is about to bring Rome bloodily to its knees.

The second in an enthralling four-book series set in ancient Rome.

L. J. Trafford worked as a tour guide, after gaining a BA Hons in ancient history. She now works in London doing something whizzy with databases.



June 2016 | 446 pages | B format
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FICTION, POETRY, AND MEMOIR

An Obituary to Die For

By **Richard P. Klufft**

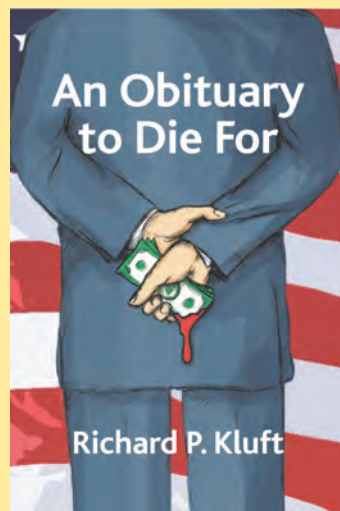
Karnac Library

Governor Jim Melville looks like a sure thing for his party's presidential nomination. Psychiatrist Ben Jordan, his college friend, has never suspected Melville's ties to a secretive group operating behind the façade of a thinktank.

As sinister forces try to stop him, Ben must fight to reveal an extraordinary conspiracy involving high-ranking politicians, and a plot to seize control of the United States of America.

A fast-paced and timely read that takes a wry look at American politics via mind control, murder, incest, and the murky underworld where morals are in short supply...

Richard P. Klufft is Clinical Professor of Psychiatry at Temple University School of Medicine, and teaches at the Psychoanalytic Center of Philadelphia.



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Talking about the Talking Cure

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